### **FAQ SHEET** (MP<sup>2</sup>) Body Contouring and Anti-Aging





#### 1. Am I a good candidate for this treatment? / Will this treatment work for me?

The ideal candidate is anyone who wants to improve the appearance of cellulite and reduce fat without surgery. Good candidates are also those whose skin is starting to lose elasticity and/or shows early signs of sagging\* and wrinkles.

#### For safety reasons, you may not be able to get this treatment if you have/are:

- Active inflammation and/or infection in the treatment area
- Current or history of cancer
- A degenerative neurologic disease or any other disease around the treatment area that's triggered by heat (e.g. herpes)
- An Internal defibrillator/pacemaker
- Metal implants (excluding dental) in the treatment area
- Uncontrolled thyroid gland disorder
- Varicose veins
- Pregnant or are undergoing an IVF procedure
- Skin-related autoimmune diseases
- Silicone implants and/or injections in the area

#### 2. I have darker skin – can I still get this treatment done?

Yes. Venus VERSA™ PRO body contouring and anti-aging treatments use technology that's safe for all skin tones, even darker ones.

#### 3. Can I do it during my lunch break?

Absolutely. A single treatment typically takes 30 minutes to complete.

#### 4. How many sessions will I need to see results?

Most patients receive 6-8 treatments per area. The exact number will depend on each person and the area being treated.

#### 5. How often/far apart should the sessions be?

Treatments are done once a week.

#### 6.. Do I need to do anything to prepare for the treatment?

Just make sure your skin is clean. Do not apply any lotions, creams, or makeup before your treatment. Remove all jewelry around the area being treated.

## FAQ SHEET (MP<sup>2</sup>) Body Contouring and Anti-Aging



DURING THE TREATMENT



#### 1. How long does a treatment session last?

Each session lasts 15-30 minutes depending on the area being treated.

#### 2. What does the treatment feel like?

The applicator will slowly get warmer until your skin reaches the needed temperature and stays within that temperature range. If you do feel it's too warm, just let the operator know and they can easily reduce the intensity.

#### 3. Will it be painful?

Treatments are comfortable. Some say it feels like a relaxing hot stone massage. Some even fall asleep during the treatment.



#### 1. How will I feel after my treatment?

You'll likely feel relaxed. The treatment is virtually painless and has been compared to a relaxing hot stone massage. Some patients have even fallen asleep while they were getting treated.

#### 2. How long will the results last and are they permanent?

The treatments are cumulative. After your final treatment, your results will continue to improve for up to 3-4 months. After that, your face and body continue to age, so maintenance is recommended once a month or every 3-4 months, depending on the person.

#### 3. Is there any downtime after the treatment?

There is no downtime. The treatment area may look a little flushed and warm to the touch, but this will go away within 1-2 hours. You can return to your daily schedule immediately after your treatment.

#### 4. Do I need to do anything after my treatment?

No, you do not need to do anything after your treatment.

#### 5. Can I put makeup on right after the treatment on my face?

Yes, you can apply makeup immediately after your treatment.

# FAQ SHEET (IPL) Hair Removal





#### 1. Am I a good candidate for this treatment? / Will this treatment work for me?

The best candidate is someone who has unwanted hair on their face or body, and who wants to reduce hair growth in a particular area. For safety reasons, you may not be able to get this treatment if you have/are:

- Metal or other implants in the treatment area
- Current or history of cancer
- Pregnant or nursing
- Any diseases that can be stimulated by light (e.g. epilepsy)
- History of disease that can be stimulated by heat (e.g. herpes)
- Poorly controlled endocrine disorders (e.g. diabetes or polycystic ovary syndrome)
- Any active condition in the treatment area (e.g. eczema, psoriasis, rash)
- History of skin disorders, keloids, unusual wound healing, or excessively dry and/or sensitive skin
- Any surgical procedures within the past 3 months
- A tattoo or permanent makeup in the treatment area
- Excessively tanned skin

#### 2. I have darker skin – can I still get this treatment done?

Venus VERSA<sup>™</sup> PRO's hair removal treatments work best for light to medium skin tones. The treatment may work on darker skin, but there is a higher risk of discoloration because darker skin has more pigment in it. It's best to consult with the technician to see if the treatment is right for you. They will perform a test spot and wait between 15 minutes to 48 hours, depending on your skin tone, to assess your reaction to the light.

#### 3. Can I do it during my lunch break?

Most likely yes, depending on what part of the body you're getting treated. If it's a smaller area, it may only take as little as 5-30 minutes. A larger area, like two full legs, may take up to 60 minutes to complete.

#### 4. How many sessions will I need to see results?

Most patients receive 6-10 treatments per area. The exact number will depend on each individual person and the area being treated.

#### 5. How often/far apart should the treatments be?

Treatments are done 4-6 weeks apart for the face and 4-8 weeks apart for the body.

#### 6. Do I need to do anything to prepare for the treatment?

Make sure your skin is clean. Do not apply any lotions, creams, or makeup before your session, and stop using any products that might irritate your skin 2-3 days before. You should also avoid tanning. Depending on where you're getting treatment, you may be advised to shave the area on the day of your treatment. Remove all jewelry around the area being treated.

## FAQ SHEET (IPL) Hair Removal



### DURING THE TREATMENT



#### 1. How long does a treatment session last?

It depends on what part of the body you're covering—an upper lip will be much faster than legs.

#### 2. What does the treatment feel like?

It feels like a really light snap with an elastic band against your skin, or like if someone lightly flicked you, as the applicator moves around the treatment area.

#### 3. Will it be painful?

The applicator is equipped with a built-in cooling feature to maximize your comfort during the treatment. However, in case you're treating a sensitive area such as the bikini line, you may experience slight discomfort. If the discomfort becomes too much, please inform the operator, who can then adjust the treatment to suit your needs.



### AFTER THE TREATMENT

#### 1. How will I feel after my treatment?

If anything, your skin may look dry and feel a little itchy because the operator has to dry-shave the area before starting the treatment. Moisturizing can help relieve the itch. Other than that, you shouldn't really feel any different after your treatment.

#### 2. How long will the results last and are they permanent?

It really depends on how your hair grows. Some people may see permanent hair removal, while others see sporadic hair growth and may need touch-up treatments to maintain the results.

#### 3. Is there any downtime?

There is no downtime. You can return to your daily schedule immediately after your treatment.

#### 4. Do I need to do anything after my treatment?

Avoid tanning for at least 2 weeks before and 2 weeks after your treatment, and wear sunscreen. You should also avoid hot baths, massages, or any treatment that requires direct contact with the skin for the first 2 days after your treatment.

#### 5. If I got a treatment on my face, can I put makeup up on right after?

Yes, you can apply makeup immediately after your treatment, but make sure you put on sunscreen first.

# FAQ SHEET (IPL) Photorejuvenation





#### 1. Am I a good candidate for this treatment? / Will this treatment work for me?

The best candidate is someone who has an uneven complexion with signs of discoloration or visible veins on their skin. Photorejuvenation treatments may also work to improve the look of fine lines.

#### For safety reasons, you may not be able to get this treatment if you have/are:

- Metal or other implants in the treatment area
- Current or history of cancer
- Pregnant or nursing
- Any diseases that can be stimulated by light (e.g. epilepsy)
- History of disease that can be stimulated by heat (e.g. herpes)
- Poorly controlled endocrine disorders (e.g. diabetes or polycystic ovary syndrome)
- Any active condition in the treatment area (e.g. eczema, psoriasis, rash)
- History of skin disorders, keloids, unusual wound healing, or excessively dry and/or sensitive skin
- Any surgical procedures within the past 3 months
- · A tattoo or permanent makeup in the treatment area
- Excessively tanned skin

#### 2. I have darker skin - can I still get this treatment done?

Venus' photorejuvenation treatments work best for light to medium skin tones. The treatment may work on darker skin, but there is a higher risk of discoloration because darker skin has more pigment in it. It's best to consult with the technician to see if the treatment is right for you.

#### 3. Can I do it during my lunch break?

Absolutely. Exact treatment times may vary depending on the patient, but a single session typically takes 15-20 minutes.

#### 4. How many sessions will I need to see results?

Most patients receive 4-5 treatments per area. The exact number will depend on each individual person and the area being treated.

#### 5. How often/far apart should the treatments be?

Treatments are done 3 weeks apart.

#### 6. Do I need to do anything to prepare for the treatment?

Make sure your skin is clean. Do not apply any lotions, creams, or makeup before your session, and stop using any products that might irritate your skin 2-3 days before. You must also avoid any tanning, including self-tanners. You may be advised to shave the area before your treatment. Remove all jewelry around the area being treated.

# FAQ SHEET (IPL) Photorejuvenation



### DURING THE TREATMENT



#### 1. How long does a treatment session last?

One session usually lasts 15-20 minutes, depending on the area being treated.

#### 2. What does the treatment feel like?

It feels like a really light snap with an elastic band against your skin, or like if someone lightly flicked you, as the applicator moves around the treatment area.

#### 3. Will it be painful?

The applicator is equipped with a built-in cooling feature to maximize your comfort during the treatment. However, in case you're treating a sensitive area such as the upper lip, you may experience slight discomfort. If the discomfort becomes too much, please inform the operator, who can then adjust the treatment to suit your needs.



AFTER THE TREATMENT

#### 1. How will I feel after my treatment?

Your skin may feel warm, like a sunburn, and can remain red for anywhere from a few hours to a day. Be sure to follow instructions for before and after your treatment.

#### 2. How long will the results last and are they permanent?

It really depends on how your skin reacts to the treatment and how you care for your skin afterward. For example, if you protect your skin from the sun, the results will last longer. We recommend one touch-up session every 3-6 months, depending on your skin responds to the treatment.

#### 3. Is there any downtime?

There is no downtime. You can return to your daily schedule immediately after your treatment.

#### 4. Do I need to do anything after my treatment?

Avoid tanning for at least 2 weeks before and 2 weeks after your treatment, and wear sunscreen. You should also avoid hot baths, massages, or any treatment that requires direct contact with the skin for the first 2 days after your treatment.

#### 5. If I got a treatment on my face, can I put makeup up on right after?

Yes, you can apply makeup immediately after, but make sure you put on sunscreen first.

### FAQ SHEET Skin Resurfacing



BEFORE THE TREATMENT



#### 1. Am I a good candidate for this treatment? / Will this treatment work for me?

The ideal candidate is anyone who shows signs of skin damage, including deep wrinkles, scars, visible pores, stretch marks, and/or anything else that affects the skin's texture.

#### For safety reasons, you may not be able to get this treatment if you have/are:

- An Internal defibrillator/pacemaker or any other active electrical implant in the body
- Any permanent implant or injected substance around the treatment area
- Any active conditions in the treatment area (e.g. rash)
- History of skin disorders or very dry skin
- Current or history of cancer (including pre-malignant moles)
- Severe concurrent conditions (e.g. cardiac disorders)
- Pregnant or nursing
- An impaired immune system
- A history of disease around the treatment area that's stimulated by heat (e.g. herpes)
- Poorly controlled endocrine disorders (e.g. diabetes)
- Taking blood thinners
- Had a facelift or eyelid surgery within the past 3 months
- Had any resurfacing treatments or chemical peels within the past 3 months
- Had any cosmetic injections within the past 2 weeks
- Consumed Advil, or other non-steroidal anti-inflammatory drugs within the past week of treatment
- Any surgeries within the past 6 months
- Treating over tattoos or permanent makeup
- Excessively tanned

#### 2. I have darker skin - can I still get this treatment done?

The skin resurfacing treatment with Venus VERSA™ PRO is safe for all skin tones, even darker ones.

#### 3. How many sessions will I need to see results?

3-4 fractional treatments per area and 6-10 (MP)2 treatments per area.

#### 4. How often/far apart should the treatments be?

Treatments are done 4-6 weeks apart for skin resurfacing, and weekly for (MP)2.

#### 5. Do I need to do anything to prepare for the treatment?

Make sure your skin is clean. Do not apply any lotions, creams, perfumes, powder, or makeup before your treatment session, and avoid tanning. Remove all jewelry around the area being treated. If you have excessive hair in the treatment area, shave it beforehand. It also helps to be prepared with information about your medical history—the technician will likely ask about it.

### FAQ SHEET Skin Resurfacing



DURING THE TREATMENT



#### 1. How long does a treatment session last?

Each session lasts 15-30 minutes, depending on the area being treated.

#### 2. What does the treatment feel like?

You will feel tiny pins on your skin followed by a little zap. Your face will then feel warm, like a sunburn.

#### 3. Will it be painful?

Venus VERSA<sup>™</sup> PRO treatments may be slightly uncomfortable, but not painful. You'll feel intense heat, similar to the feeling of sunburn, and your face will look red right after the treatment. For more aggressive treatments, you may get a topical numbing cream to reduce any discomfort.



#### 1. How will I feel after my treatment?

Your skin will be red and feel warm afterward, like a sunburn. You can ease this by fanning or exposing the area to cool air. Don't put anything on your skin, not even water, for 24 hours. The warm feeling should go away within 24 hours.

#### 2. How long will the results last and are they permanent?

After your final treatment, your results will continue to improve. However, one touch-up session may be needed approximately every 6 months, depending on how your skin responds.

#### 3. Is there downtime after the treatment? / How long is the recovery time?

Yes, but only for 24 hours post-treatment (or up to 5 days for more aggressive treatments), unlike lasers or other treatments where downtime lasts up to 10 days. Your skin will be red and for the first 24 hours, you will not be allowed to apply or rub anything on your skin, or sweat (so no hot yoga or any other exercise that will make you perspire). After 24 hours, you may put on makeup and resume your regular skincare routine. But avoid rigorous exercise and hot baths or massages on the treatment area for the first 2 days after your session.

#### 4. Do I need to do anything after my treatment?

If your skin feels hot, you can use a fan to cool it down. Avoid touching or scratching the treatment area. Do not put lotion, makeup, or anything else on your skin, including water, for 24 hours. After 24 hours, you should apply sunscreen (at least SPF 30), preferably one without chemicals. Make sure to keep your skin clean and protected from the sun. Avoid any sort of tanning.

## FAQ SHEET (IPL AC Dual) Acne



BEFORE THE TREATMENT



#### 1. Am I a good candidate for this treatment? / Will this treatment work for me?

The best candidate is someone who has acne and/or acne-related inflammation on the face or body.

#### For safety reasons, you may not be able to get this treatment if you have/are:

- Metal or other implants in the treatment area
- Current or history of cancer
- Pregnant or nursing
- Any diseases that can be stimulated by light (e.g. epilepsy)
- History of disease that can be stimulated by heat (e.g. herpes)
- Poorly controlled endocrine disorders (e.g. diabetes or polycystic ovary syndrome)
- Any active condition in the treatment area (e.g. eczema, psoriasis, rash)
- History of skin disorders, keloids, unusual wound healing, or excessively dry and/or sensitive skin
- Any surgical procedures within the past 3 months
- · A tattoo or permanent makeup in the treatment area
- Excessively tanned skin

#### 2. I have darker skin – can I still get this treatment done?

Venus VERSA<sup>™</sup> PRO's acne treatments work best for light to medium skin tones. The treatment may work on darker skin, but there is a higher risk of discoloration because darker skin has more pigment in it. It's best to consult with the technician to see if you'd be a good fit.

#### 3. Can I do it during my lunch break?

Absolutely. Exact treatment times may vary depending on the patient, but a single session typically takes 15-20 minutes.

#### 4. How many sessions will I need to see results?

Most patients receive 6-8 treatments per area. The exact number will depend on each individual person and the area being treated.

#### 5. How often/far apart should the treatments be?

Most patients receive a total of 8-10 treatments. Treatments are usually done twice a week for a month. Treatments should be scheduled 3-4 days apart.

#### 6. Do I need to do anything to prepare for the treatment?

Make sure your skin is clean. Do not apply any lotions, creams or makeup before your session, and stop using any products that might irritate your skin 2-3 days before. You should also avoid tanning. You may be advised to shave the area before your treatment. Remove all jewelry around the area being treated.

# FAQ SHEET (IPL AC Dual) Acne



DURING THE TREATMENT



#### 1. How long does a treatment session last?

One session usually lasts 15-20 minutes, depending on the area being treated.

#### 2. What does the treatment feel like?

It feels like a really light snap with an elastic band against your skin, or like if someone lightly flicked you, as the applicator moves around the treatment area.

#### 3. Will it be painful?

The applicator is equipped with a built-in cooling feature to maximize your comfort during the treatment. However, in case you're treating a sensitive area such as the upper lip, you may experience slight discomfort. If the discomfort becomes too much, please inform the operator, who can then adjust the treatment to suit your needs.



AFTER THE TREATMENT

#### 1. How will I feel after my treatment?

Your skin may feel warm, like a sunburn, and can remain red for anywhere from a few hours to a day. Be sure to follow instructions for before and after your treatment.

#### 2. How long will the results last and are they permanent?

It really depends on the severity of your skin and how well you take care of your skin after your treatment. We recommend a touch-up session twice a month, then monthly. Once the acne starts clearing up, you can then increase the time between maintenance treatments depending on how your skin responds to the treatment.

#### 3. Is there any downtime?

There is no downtime. You can return to your daily schedule immediately after your treatment.

#### 4. Do I need to do anything after my treatment?

Avoid tanning for at least 2 weeks before and 2 weeks after your treatment, and wear sunscreen (at least SPF 30). You should also avoid hot baths, massages, or any treatment that requires direct contact with the skin for the first 2 days after your treatment. If you notice any blisters or scabbing, treat it with a prescribed antibiotic cream—always consult with your treatment provider first. You can go back to gentle washing and use gentle, non-irritating products immediately afterward.

#### 5. If I got a treatment on my face, can I put makeup up on right after?

Yes, you can apply makeup immediately after your treatment, but make sure you put on sunscreen first.